

## SARA VOORHEES, M.S.

### CURRICULUM VITAE

svoorhees@ufl.edu

352-273-5124

#### EDUCATION

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- 2017 – Present **Ph.D. Clinical and Health Psychology, University of Florida**, Gainesville, FL  
Concentration: Clinical Child / Pediatric Psychology  
Mentor: David Fedele, Ph.D.
- 2015 – 2017 **M.S. Psychology, Drexel University**, Philadelphia, PA  
*Thesis: Identifying Predictors of Medication Adherence in Adult Patients with Asthma: A Social Problem-Solving Approach*  
GPA = 4.00
- 2011 – 2015 **B.S. Psychology, Tulane University**, New Orleans, LA  
Psychology GPA = 3.94  
Cumulative GPA = 3.90
- Fall 2013 **Danish Institute for Study Abroad**, Copenhagen, Denmark

#### AWARDS AND HONORS

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- Awarded 2017 Center for Pediatric Psychology and Family Studies Mini Grant, University of Florida
- 2017 – Present Graduate Student Fellowship, University of Florida
- 2015 – 2017 Dean's Fellowship Award, Drexel University
- Inducted 2015 *Phi Beta Kappa*, Tulane University
- Awarded 2015 *Summa Cum Laude*, Tulane University
- Elected 2015 Golden Key International Honour Society
- Elected 2013 *Psi Chi* Psychology Honor Society, Tulane University
- 2011 – 2015 Dean's List, Tulane University

#### RESEARCH EXPERIENCE

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- 2017– Present **Graduate Research Assistant**, Pediatric Behavioral Health Laboratory, Department of Clinical and Health Psychology, University of Florida, Gainesville, FL  
Supervisor: David Fedele, Ph.D.  
Contribute to the development of studies and assist with research-related tasks in pediatric pulmonary and food allergy populations.
- 2015 – 2017 **Graduate Research Assistant**, Nezu Stress and Coping Laboratory, Department of Psychology, Drexel University, Philadelphia, PA  
Supervisors: Arthur M. Nezu, Ph.D., DHL, ABPP & Christine Maguth Nezu, Ph.D, ABPP  
Master's Thesis Project: *Identifying predictors of medication adherence in adult patients with asthma: A social problem-solving approach*
- Investigating how social problem-solving, perceived stress, and asthma control impact medication adherence. Also investigating whether or not social problem-solving skills moderate the relationship between stress and medication adherence.
  - Responsible for study design and implementation, including in-person patient recruitment and assessment, data analysis, dissemination of findings, training and supervision of undergraduate and graduate research assistants
- Other Research Projects: *Assessing suicidality and problem-solving skills in undergraduate students; Stress management for veterans dealing with housing instability; Assessing a new measure of social problem-solving; Social problem-solving for males with chronic prostatitis/chronic pelvic pain syndrome*

- Investigating the role of social problem-solving therapy in stress management and coping with medical, student and veteran populations
- Engaging in recruitment and enrollment of participants, including conducting in-person baseline and final assessments
- Assisting with study administration, patient follow-up, data analyses, and literature reviews

2015 – **Professional Research Assistant**, Atlantic Research Center, LLC, Ocean Township, NJ  
2017 Supervisors: Ellen Sher, M.D. & Crystal Solomon, CCRC

Research Projects: *Allergy, asthma and immunology clinical research studies*

- Assisting medical staff with ongoing asthma, allergy, and immunology research studies
- Preparing research materials and reviewing patient medical record charts to identify eligibility for various research studies

2014 – **Undergraduate Research Assistant**, Translational Psychological Science Laboratory,  
2015 Department of Psychology, Tulane University, New Orleans, LA

Supervisor: Michael Hoerger, Ph.D.

Main Research Project: *Personalized social support for patients with cancer*

- Investigated ways to improve quality of life for patients with cancer by understanding frequently requested forms of social support
- Performed extensive literature reviews, categorized and coded participant responses, analyzed data, and assisted with dissemination

Other Research Projects: *Anticipating, preventing and alleviating stress of cancer*

- Investigated methods to improve quality of life for patients with cancer through palliative care and clinician-patient interactions
- Conducted patient interviews at the Tulane Cancer Center
- Collaborated with lab members on mixed-methods research projects, including data analyses and preparation of presentations and manuscripts

Summer **Volunteer Research Assistant**, Child and Adolescent Cognitive Development & Neuroimaging  
2014 Laboratory, Columbia University, New York, NY  
Supervisor: Rachel Marsh, Ph.D.

Research Projects: *Understanding neurodevelopment trajectories of psychiatric disorders that arise during childhood and adolescence*

- Assisted with a longitudinal NIMH-funded multimodal Magnetic Resonance Imaging (MRI) study on neurodevelopment of brain circuits in adolescents with Bulimia Nervosa
- Managed longitudinal data including clinical assessments and neuropsychological tests
- Created manual for managing data for future research assistants
- Engaged in direct and indirect participant recruitment for additional ongoing studies

## **CLINICAL EXPERIENCE**

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2016 – **Mother-Baby Connections Program**, Philadelphia, PA  
2017 Supervisors: Bobbie Posmontier, Ph.D., CNM, PMHNP-BC & Pamela A. Geller, Ph.D

- Provide individual care for infants of mothers diagnosed with mood and/or anxiety disorders while they attend intensive multidisciplinary outpatient treatment program to improve psychological distress and symptoms, mother-baby attachment, and family relationships
- Assist with coordination and scheduling of infant caregivers

- 2015 – **Nezu Stress and Coping Laboratory**, Drexel University, Philadelphia, PA  
2017 Supervisors: Arthur M. Nezu, Ph.D., DHL, ABPP & Christine Maguth Nezu, Ph.D, ABPP
- Assist with cognitive assessment (Iowa Gambling Task and D-KEFS Tower Test) with undergraduate students
  - Trained to conduct suicide risk assessments on undergraduate students and/or veterans

## **TEACHING EXPERIENCE**

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**Teaching Assistant**, Drexel University, Philadelphia, PA (Spring 2016, Winter 2017)

Course: *Approaches to Personality*

Supervisor: Christine Maguth Nezu, Ph.D., ABPP

Role: Held weekly office hours to review course content; graded exams; uploaded materials to online learning system; attended classes; created and delivered two 90-minute lectures

**Teaching/ Course Design Assistant**, Drexel University, Philadelphia, PA (Fall 2016)

Course: *General Psychology*

Supervisor: Douglas Chute, Ph.D.

Role: Supervised and managed six sections of online general psychology course

**Teaching/ Course Design Assistant**, Drexel University, Philadelphia, PA (Summer 2016)

Course: *Child Psychopathology*

Supervisor: Caterina Mosti, M.S.

Role: Graded 200 online writing assignments; monitored discussion board exchanges and provided feedback as necessary; created and delivered 30-minute online lecture

**Teaching/ Course Design Assistant**, Drexel University, Philadelphia, PA (Summer 2016)

Course: *Cognitive Psychology*

Supervisor: Julia Sluzenski, Ph.D.

Role: Graded 60 write-ups of psychological experiments; managed online quizzes; corresponded electronically with students with regard to subject matter and administrative issues

## **ADMINISTRATIVE EXPERIENCE**

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2016 – **Master’s Program Graduate Assistant**, Department of Psychology, Drexel University,  
2017 Philadelphia, PA

Supervisor: Nancy Raitano-Lee, Ph.D.

- Organize and run orientation for incoming MS students
- Revise MS graduate program handbook and website
- Assist with review of applications from prospective students, organize and run interview day in the spring
- Manage master’s program email account and respond to inquiries about the program

2016 – **Master’s Graduate Student Representative**, Department of Psychology, Drexel University,  
2017 Philadelphia, PA

Supervisor: Nancy Raitano-Lee, Ph.D.

- Meet with students in groups or individually to discuss concerns and questions
- Serve as liaison between graduate students and faculty

2016 – **Graduate Research Assistant**, Nezu Stress and Coping Laboratory, Department of Psychology,  
2017 Drexel University, Philadelphia, PA

Supervisors: Arthur M. Nezu, Ph.D., DHL, ABPP & Christine Maguth Nezu, Ph.D, ABPP

- Assist with laboratory logistics, including room scheduling and supply orders

- 2014 – **Research Assistant**, Translational Psychological Science Laboratory, Department of  
2015 Psychology, Tulane University, New Orleans, LA  
Supervisor: Michael Hoerger, Ph.D.
- Assisted with recruitment and interviewing undergraduate research assistants

## **INVITED LECTURES**

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**Voorhees, S.** & Giannone, D. (2017, May). *Installing and using PROCESS in SPSS: Hands-On Workshop*. Drexel University, Department of Psychology, Lab seminar. Philadelphia, PA.

**Voorhees, S.** (2017, March). *Stress, coping, adjustment and health*. Drexel University, Department of Psychology, Approaches to Personality, PSY 140. Philadelphia, PA.

**Voorhees, S.** (2017, February). *Physiological approaches to personality*. Drexel University, Department of Psychology, Approaches to Personality, PSY 140. Philadelphia, PA.

**Voorhees, S.** (2016, August). *Child and adolescent health psychology: Stress, coping and chronic illness*. Drexel University, Department of Psychology, Child Psychopathology, PSY 225. Philadelphia, PA.

**Voorhees, S.** & Giannone, D. (2016, July). *Installing and using PROCESS in SPSS version 24*. Drexel University, Department of Psychology, Lab seminar. Philadelphia, PA.

**Voorhees, S.** (2016, May). *Stress, coping, adjustment and health*. Drexel University, Department of Psychology, Approaches to Personality, PSY 140. Philadelphia, PA.

**Voorhees, S.** (2016, April). *Physiological approaches to personality*. Drexel University, Department of Psychology, Approaches to Personality, PSY 140. Philadelphia, PA.

**Voorhees, S.**, Rochefort, C., Twichell, C. M., Allen, C. O., & Hoerger, M. (2014, June). *Understanding the psychosocial needs of patients with cancer: Pilot research in clinical health psychology*. The Susan and Herman Merinoff Palliative Medicine Program, Lenox Hill Hospital, New York, NY.

## **PUBLICATIONS**

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Cullen, B., Hoerger, M., **Voorhees, S.**, Allen, C. O., Robinson, W.R., & Duberstein, P.R. (under review). *Social support in cancer: How do patients want us to help?*

## **PRESENTATIONS**

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**Voorhees, S.**, Nezu, C. M., Nezu, A. M., Sherman, M., Most, J., & Sher, E. (2018, April). *Identifying Predictors of Perceived Stress in Adult Patients with Asthma*. Poster to be presented at the annual meeting of the Society of Behavioral Medicine, New Orleans, LA.

**Voorhees, S.**, Nezu, C. M., Nezu, A. M., Sherman, M., Most, J., & Sher, E. (2018, March). *Inhaled Corticosteroid Adherence: The Role of Perceived Control of Asthma*. Poster to be presented at the annual meeting of the American Academy of Allergy Asthma & Immunology, Orlando, FL.

**Voorhees, S.**, Nezu, C. M., Nezu, A. M., Sherman, M., Most, J., & Sher, E. (2017, April). *Psychological Aspects of Asthma and Medication Adherence*. Poster presented at the Drexel Emerging Graduate Scholars Conference, Philadelphia, PA.

Hoerger, M., Barkan, T., Perry, L., **Voorhees, S.**, Rochefort, C., & Seibert, K. (2015, October). *Increasing patients' preferences for palliative care through the dissemination of palliative care*

*research: Impact of socioeconomic status, geography, and depression severity.* Paper presented at the meeting of the Palliative Care in Oncology Symposium, Boston, MA.

**Voorhees, S.,** Allen, C. O., Rochefort, C., & Hoerger, M. (2015, April). *Personalized social support for patients with cancer.* Poster presented at the annual meeting of the Association for Clinical and Translational Science, Washington, DC.

Hoerger, M., Golden, E., Rochefort, C., Seibert, K., **Voorhees, S.,** Perry, L., & Barkan, T. (2015, April). *Palliative care psychoeducational intervention for patients with metastatic cancer.* Paper presented at the annual meeting of the Association for Clinical and Translational Science, Washington, DC.

Golden, E., **Voorhees, S.,** Isley, E., & Hoerger, M. (2015, April). *Finding meaning after a cancer diagnosis: What is the impact of financial strain?* Poster presented at the annual meeting of the Association for Clinical and Translational Science, Washington, DC.

Hoerger, M., Golden, E., Rochefort, C., Seibert, K., **Voorhees, S.,** & Perry, L. (2015, April). *Palliative care psychoeducational intervention for patients with metastatic cancer.* Paper presented at the annual meeting of the Association for Clinical and Translational Science, Washington, DC.

Hoerger, M., Seibert, K., **Voorhees, S.,** Rochefort, C., Barkan, T., & Perry, L. (2015, January). *Exposure to recent scientific findings increases preferences for palliative care in patients with cancer.* Poster presented at the annual meeting of the Louisiana Clinical and Translational Science Center, New Orleans, LA.

Allen, C. O., **Voorhees, S.,** Ketterer, H. L., Baker, C. N., McLaughlan, J., Stone, T. L., Chapman, N. E., & Hoerger, M. (2014, April). *Social support in cancer: How do patients want us to help?* Poster presented at the annual meeting of the Center for Engaged Learning and Teaching, New Orleans, LA.

Golden, E., Isley, E., **Voorhees, S.,** Rochefort, C., Twichell, C. M., & Hoerger, M. (2014, April). *Finding meaning after a cancer diagnosis: Using interdisciplinary clinical psychology research to inform future palliative cancer care.* Poster presented at the annual meeting of the Center for Engaged Learning and Teaching, New Orleans, LA.

Rochefort, C., Twichell, C. M., **Voorhees, S.,** Golden E., Allen, C. O., Isley, E., & Hoerger, M. (2014, April). *Coping with cancer: A mixed-methods study of coping strategies and effectiveness.* Poster presented at the annual meeting of the Center for Engaged Learning and Teaching, New Orleans, LA.