

# ANDREA FIDLER

## Curriculum Vitae

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### CONTACT INFORMATION

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### EDUCATION & TRAINING

2016 – Present      **University of Florida**, Gainesville, FL  
Anticipated: 2022      Doctoral Graduate Student, Department of Clinical and Health Psychology  
M.S. in Psychology, May 2018  
Thesis: Children with Cystic Fibrosis and their Caregivers: Coping, Sleep, and Hospitalizations  
Concentration: Clinical Child / Pediatric Psychology  
Mentor: David Fedele, PhD

2009 – 2013      **Case Western Reserve University**, Cleveland, OH  
B.A. with Honors in Psychology, Minors in Mathematics and Childhood Studies  
Senior Thesis: Family Expressiveness, Ethnicity, and Psychological Help Seeking Attitudes  
Thesis Advisor: Amy Przeworski, PhD

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### AWARDS & HONORS

2016 – 2018      **Grinter Fellowship**, College of Public Health and Health Professions, UF  
08/2013 – 06/2014      **Fulbright English Teaching Assistantship**, Grantee to Macau  
04/2013      **Hollander Capstone Research Award Recipient**, Department of Psychology, CWRU

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### RESEARCH GRANTS & TRAVEL AWARDS

Summer 2018      UF Center for Pediatric Psychology and Family Studies Travel Award: \$300  
Spring 2018      UF Center for Pediatric Psychology and Family Studies Travel Award: \$300  
Fall 2017      UF Center for Pediatric Psychology and Family Studies Mini Grant: \$500  
Spring 2017      UF Office of Research Travel Award: \$300  
Spring 2017      UF Center for Pediatric Psychology and Family Studies Travel Award: \$300  
Spring 2017      UF Graduate Student Council Travel Award: \$350  
Fall 2016      UF Center for Pediatric Psychology and Family Studies Mini Grant: \$500

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### RESEARCH EXPERIENCE

08/2016 – Present      **Graduate Research Assistant**, Pediatric Behavioral Health Lab  
*Department of Clinical and Health Psychology, University of Florida*  
Faculty Supervisor: David Fedele, PhD  
Participate in ongoing research tasks including study development, IRB-related tasks, recruitment and retention, data collection, data analysis, grant proposals, and manuscript preparation as detailed below. Train and supervise undergraduate research assistants. Assist with the undergraduate professional development training series.

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- 04/2018 – Present **Graduate Research Assistant**, Mobile Childhood Health and Asthma Management Program (mCHAMP)  
*Departments of Clinical and Health Psychology & Family, Community, and Health System Science, University of Florida*  
Principle Investigators: David Fedele, PhD, David Janicke, PhD, & Robert Lucero, PhD, MPH, RN, FAAN
- Assist with creation and management of IRB. Contribute to the formation of focus group and interview guides.
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- 02/2017 – Present **Study Coordinator**, Externalizing Behaviors in Children and Adolescents with Cystic Fibrosis  
*Department of Clinical and Health Psychology, University of Florida*  
Principle Investigators: David Fedele, PhD & Robin Everhart, PhD
- Contribute to study development. Responsible for management of IRB, recruitment in the outpatient CF Clinic, and data collection and analysis.
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- 02/2017 – Present **Graduate Research Assistant**, Applying Interactive Mobile Health to Asthma Care in Teens (AIM2ACT)  
*Department of Clinical and Health Psychology, University of Florida*  
Principle Investigators: David Fedele, PhD
- Assist with phone screenings, recruitment in the outpatient asthma clinic, and data collection. Conduct semi-structured interviews with child-caregiver dyads. Initialize and download data from portable spirometry devices.
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- 10/2016 – Present **Graduate Research Assistant / Study Coordinator** (starting 08/2017), Family Functioning, Sleep, and Physical Activity among Children with Cystic Fibrosis  
*Department of Clinical and Health Psychology, University of Florida*  
Principle Investigators: David Fedele, PhD & Robin Everhart, PhD
- Assist with recruitment in the outpatient CF clinic. Initialize and download Actigraph activity monitors. Conduct daily phone diaries and medical chart reviews. Serve as financial custodian and manage IRB protocol.
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- 06/2014 – 05/2016 **Surveillance / Evaluation Coordinator**, Ideas Moving Parents & Adolescents to Change Together (IMPACT) Study  
*Department of Pediatrics, Case Western Reserve University School of Medicine*  
Principle Investigators: Leona Cuttler, MD, Elaine Borawski, PhD, & Shirley Moore, RN, PhD
- Conducted 2- to 4-hour clinical assessment visits. Collected and entered data, including anthropometric measurements, diet recalls using NDSR, structured interviews, PACER fitness tests, and electronic data capture with iPads. Initialized and downloaded accelerometers using ActiLife. Carried out data collections in schools. Completed neighborhood assessments in the community. Created reports using REDCap.
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- 05/2013 – 08/2013 **Behavioral Pediatrics Research Assistant**, Sleep Habits, Glycemic Control, & Treatment Adherence in Youth with Type 1 Diabetes  
*Summer Research Program, Department of Pediatrics, Rainbow Babies & Children's Hospital*  
Supervisor: Rebecca Hazen, PhD
- Conducted literature review. Assisted with data analysis. Developed and gave presentation at a weekly meeting of the Summer Research Program. Contributed to poster and manuscript.

01/2012 – 08/2013

**Undergraduate Research Assistant**, Fear, Emotion, Anxiety, Regulation (FEAR) Lab  
*Department of Psychological Sciences, Case Western Reserve University*  
Faculty Supervisor: Amy Przeworski, PhD

Assisted with data collection for research studies examining eating and emotion regulation, family relationships and anxiety, and stress reduction techniques for college-age participants. Assisted with creation and implementation of group therapy for socially anxious female middle school students. Compiled information for literature reviews. Created databases using SNAP.

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## SUPERVISED CLINICAL EXPERIENCE

12/2017 – Current

**Practicum in Intervention**, Psychology Clinic, UF Health  
Supervisors: David Fedele, PhD, David Janicke, PhD, ABPP, Alana Resmini Rawlinson, PhD, Tarrah Mitchell, PhD, Nicole Ennis, PhD

Conduct individual and family therapy in a hospital-based outpatient psychology clinic with children, adolescents, and adults for various presenting problems including anxiety, depression, and behavioral disorders.

04/2018 – 06/2018

**Practicum in Clinical Child Assessment**, Psychology Clinic, UF Health  
Supervisor: Brenda Wiens, PhD

Conducted psychological assessments and clinical interviews for children and adolescents with intellectual and learning disabilities, autism spectrum disorder, behavioral disorders, and various internalizing and externalizing disorders. Conducted medical chart reviews. Administered, scored, and interpreted psychoeducational assessments and questionnaires. Worked with supervisor to determine diagnoses. Prepared comprehensive psychological reports with recommendations and interpretative feedback for caregivers and teachers.

01/2018 – 03/2018

**Practicum in Pediatric Neuropsychology Assessment**, Psychology Clinic, UF Health  
Supervisor: Shelley Heaton, PhD

Administered and interpreted neuropsychological assessments and questionnaires with children presenting with a wide range of medical and psychological disorders. Conducted medical record reviews, clinical interviews with parents and families, and collaborated with other medical providers. Worked with supervisor to develop assessment batteries and determine diagnoses. Prepared comprehensive neuropsychological reports with recommendations and interpretive feedback for caregivers.

10/2017 – 12/2017

**Practicum in Medical/Health Psychology Assessment**, Psychology Clinic, UF Health  
Supervisors: Glenn Ashkanazi, PhD, Robert Guenther, PhD, Diedre Pereira, PhD

Conducted clinical interviews with adult organ transplant candidates and patients with cancer. Completed inpatient psychology consultations with neurotrauma unit patients and attended palliative care meetings. Conducted medical record reviews, interpreted questionnaires, and prepared comprehensive psychological reports with interpretive feedback and recommendations for interdisciplinary teams.

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07/2017 – 09/2017 **Practicum in General Mental Health Assessment**, Fear and Anxiety Disorders Clinic, UF  
Supervisors: Evelyn Sullivan, PhD & Peter Lang, PhD

Conducted psychological intake interviews with adults presenting with various mental health concerns. Interpreted results of psychological questionnaires, provided feedback to patients, and prepared comprehensive psychological reports with interpretive feedback.

## TEACHING EXPERIENCE

08/2017 – 12/2017 **Teaching Assistant**, Autism Spectrum Disorders, University of Florida

Guest lectured undergraduate students on sleep across the lifespan. Developed exam materials, graded exams / assessments, and provided feedback to students.

08/2013 – 06/2014 **Fulbright English Teaching Assistant**, MPI-Bell Centre of English, Macao Polytechnic Institute, Macau, Special Administrative Region of China

### Primary Teacher

Served as the primary oral English teacher for 8 classes, teaching 2<sup>nd</sup> through 10<sup>th</sup> grade ESL students. Effectively balanced and prioritized responsibilities from five primary and secondary schools. Developed curriculums, created assessments, and gave dynamic lessons that maximized student talking time.

### Guest Lecturer

Developed and delivered presentations for university-level nursing students. Topics included common psychological disorders, cultural differences in prevalence of disorders and predominant symptoms, and general American culture. Guest lectured English teachers from Xinjiang on cities and regions of the United States.

### Seminar Instructor

Assisted with the development and implementation of the Postgraduate Skills Seminar, an ETA-lead program to prepare university students, both academically and professionally, for postgraduate life. Gave presentations, encouraged student discussion, and conducted workshops.

09/2012 – 05/2013 **Gelfand Science and Engineering Fellow**, Center for Science and Mathematics Education

Inspired inquiry-based learning while assisting students in high-need middle schools with their science fair projects. Taught students about project development, experimental design, basic data analysis, and data presentation.

## PEER-REVIEWED PUBLICATIONS

Hazen, R., Fehr, K., **Fidler, A.**, Cousino, M., MacLeish, S., & Gubitosi-Klug, R. (2015). Sleep disruption in adolescents with type 1 diabetes mellitus: Relationships with adherence and diabetes control. *Diabetes Management*, 5(4), 257-265. doi:10.2217/dmt.15.18

## MANUSCRIPTS UNDER REVIEW

**Fidler, A.**, Lawless, C., LeFave, E., Netz, M., McConville, A., Turner, E., Fedele, D. (under review). Anxiety among adolescents with asthma: Relationships with asthma control and sleep quality.

## PUBLISHED ABSTRACTS

Lawless, C., **Fidler, A.**, Fritz, A., Ortega, A., Everhart, R., Baker, D., Abu Hasan, M., Delgado Villalta, S., Fedele, D. (September 2017). The impact of sleep on physical activity in children with cystic fibrosis. *Pediatric Pulmonology* 52(S47), 498.

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## POSTER PRESENTATIONS

**Fidler, A.**, Molitor, S., Everhart, R., Delgado Villalta, S., Baker, D., Mullally, C., Fedele D. (August, 2018). *Externalizing behaviors among children with cystic fibrosis*. Poster to be presented at the American Psychological Association Annual Convention, San Francisco, CA.

**Fidler, A.**, Lawless, C., Fritz, A.M., Everhart, R., Baker, D., Delgado Villalta, S., Fedele D. (March, 2018). *Children with cystic fibrosis and their caregivers: Coping, sleep, and hospitalizations*. Poster presented at the Society of Pediatric Psychology Annual Conference, Orlando, FL.

Turner, E.M., McConville, A., Netz, M.D., **Fidler, A.**, Sweenie, R., McQuaid, E. L., & Fedele, D.A. (March, 2018). *Health-related decision making in early adolescents with asthma*. Poster presented at the Society of Pediatric Psychology Annual Conference, Orlando, FL.

**Fidler, A.**, Lawless, C., Fritz, A.M., Everhart, R., Baker, D., Delgado Villalta, S., Fedele, D. (November, 2017). *Sleep in children with cystic fibrosis and their caregivers: Dyadic relationships and associations with adherence to treatment regimen*. Poster presented at the Pediatric Sleep Medicine Conference, Amelia Island, FL.

Lawless, C., **Fidler, A.**, Fritz, A., Ortega, A., Everhart, R., Baker, D., Abu Hasan, M., Delgado Villalta, S., Fedele, D. (November, 2017). *The impact of sleep on physical activity in children with cystic fibrosis*. Poster presented at the Annual North American Cystic Fibrosis Conference, Indianapolis, IN.

**Fidler, A.**, Lawless, C., LeFave, E., Netz, M., McConville, A., Turner, E., Fedele, D. (March, 2017). *Adolescent sleep quality, anxiety, and asthma control: Associations and between-group comparisons*. Poster presented at the Society of Pediatric Psychology Annual Conference, Portland, OR.

- **SPP Division 54 Student Poster Award**

Fehr, K., **Fidler, A.**, Hazen, R., Cousino, M., MacLeish, S., Gubitosi-Klug, R., & Cuttler, L. (March, 2014). *Sleep habits, adherence, and glycemic control in youth with poorly controlled type 1 diabetes*. Poster presented at the Society of Pediatric Psychology Annual Conference, Philadelphia, PA.

**Fidler, A.**, Dunbeck, K., & Przeworski, A. (April, 2013). *The relationship between family expressiveness, ethnicity, and psychological help seeking attitudes*. Poster presented at Intersections: SOURCE Symposium, Cleveland, OH.

- **1<sup>st</sup> Place Social Science Research Poster**
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## PRESENTATIONS & INVITED LECTURES

**Fidler, A.** (April, 2018). Cystic fibrosis: Disease overview, psychosocial considerations, and the role of pediatric psychology. Introduction to Health Psychology, University of Florida, Gainesville, FL.

**Fidler, A.** (October, 2017). Cystic fibrosis. Introduction to Clinical Child/Pediatric Psychology, University of Florida, Gainesville, FL.

**Fidler, A.** (October, 2017). Children with cystic fibrosis & their caregivers: Coping, sleep, & hospitalizations. Pediatric Psychology Seminar, Department of Clinical and Health Psychology, University of Florida, Gainesville, FL.

**Fidler, A.** (March, 2017). Longitudinal influences of child and caregiver sleep on treatment adherence in children with cystic fibrosis. Pediatric Psychology Seminar, Department of Clinical and Health Psychology, University of Florida, Gainesville, FL.

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## COMMUNITY & CAMPUS INVOLVEMENT

- 05/2018 – Current      **Student Representative**, Clinic Operations Group, UF  
Serve as a student representative at monthly clinic operations group meetings. Duties include attending and taking notes at all meeting, serving as a liaison between the clinic and student body, and advocating for student needs.
- 04/2017 – Current      **Peer Reviewer**, Journal of Undergraduate Research, UF  
Review undergraduate manuscripts for publication. Provide feedback to student authors regarding strengths and areas for improvement.
- 01/2017 – 04/2017      **Assistant Coach**, Girls on the Run, Gainesville, FL  
Helped lead a team of 3<sup>rd</sup> through 5<sup>th</sup> grade girls through a 12-week curriculum that culminated in a 5k. Encouraged positive emotional, social, mental and physical development by assisting with lessons that celebrate personal growth and inspire an appreciation of fitness.
- 09/2013 – 06/2014      **Early Childhood Volunteer**, Cradle of Hope Association, Macau, S.A.R. of China  
Assisted with the day-to-day activities of children under 5 years old, including feedings and daily outings. Practiced basic Mandarin and honed nonverbal communication skills while interacting with Chinese-language toddlers and their caregivers.
- 01/2013 – 05/2013  
11/2009 – 05/2011      **Child Life Activities Volunteer**, Rainbow Babies & Children's Hospital, Cleveland, OH  
Provided company and support to pediatric patients and their families. Supervised the playroom and conducted one-on-one room visits for patients on contact precautions. Engaged children in pretend play, art projects, & games to alleviate stress.
- 09/2011 – 05/2013      **Volunteer Tutor**, Refugee Response, Cleveland, OH  
Held weekly sessions with an 11<sup>th</sup> grade ESL student to resolve questions about her coursework and to help her gain confidence in her communicative abilities. Began a summer reading program to improve her pronunciation and comprehension.

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## PROFESSIONAL AFFILIATIONS

- 2016 – Present      **American Psychological Association**, Student Affiliate  
2016 – Present      **Society of Pediatric Psychology**, APA Division 54, Student Affiliate  
2016 – Present      **Society of Clinical Child and Adolescent Psychology**, APA Division 53, Student Affiliate  
2016 – Present      **Society for Health Psychology**, APA Division 38, Student Affiliate  
2018 – Present      **Sleep Research Society**, Student Affiliate  
2016 – Present      **American Psychological Association of Graduate Students**  
2012 – Present      **Psi Chi**, International Honor Society in Psychology

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## PROFESSIONAL DEVELOPMENT

- 2016 – Present      Weekly attendance at the Pediatric Psychology Seminar, University of Florida  
2016 – Present      Biweekly attendance at the Clinical and Health Psychology Colloquium, University of Florida  
2016 – Present      Manuscript reviews, supervised by David Fedele, PhD, for:  
Journal of Asthma  
Journal of Child and Family Studies  
Journal of Clinical Psychology in Medical Settings  
Journal of Pediatric Psychology