

# Natalie C. Koskela-Staples, B.A.

## Curriculum Vitae

### CONTACT INFORMATION

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Department of Clinical & Health Psychology  
University of Florida  
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### EDUCATION

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- 2018 - Present      **University of Florida, Gainesville, FL**  
Anticipated Ph.D., Clinical and Health Psychology, May 2023  
Concentration: Clinical Child / Pediatric Psychology  
Mentor: David Fedele, Ph.D.
- 2012 – 2016      **Azusa Pacific University, Azusa, CA**  
Bachelor of Arts with Honors in Psychology, minor in English  
Cumulative GPA = 3.96  
Psychology GPA = 4.0
- Fall 2015      **Christ Church College, University of Oxford, Oxford, United Kingdom**  
One-on-one Language/Cognition and Literature tutorials

### HONORS, AWARDS, AND SCHOLARSHIPS

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- 2016 – 2018      **Grinter Fellowship**, College of Public Health and Health Professions, UF  
2016      **Graduated *Summa Cum Laude***
- 2012 – 2016      **Trustees' Scholar**, Azusa Pacific University
- 2012 – 2016      **Presidential Scholarship**, Azusa Pacific University
- 2012 – 2016      **Honors Program**, Azusa Pacific University
- 2015      **Psychology Travel Grant**, Azusa Pacific University, APS Conference
- 2013 – 2014      **Athletic scholarship**, Cross Country / Track & Field, Azusa Pacific University

### RESEARCH EXPERIENCE

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- 08/2018 – Present      **Graduate Research Assistant, Pediatric Behavioral Health Lab**  
*Department of Clinical and Health Psychology, University of Florida, Gainesville, FL*  
Supervisor: David Fedele, Ph.D.
- 05/2017 – 06/2018      **Research Assistant, Novel Interventions in Children's Healthcare (NICH)**  
*Institute on Development & Disability, Oregon Health & Science University, Portland, OR*  
Supervisors: David V. Wagner, Ph.D.; Michael A. Harris, Ph.D.
- Funded by a grant from the Helmsley Charitable Trust to evaluate a clinical program for youth with social and medical complexities and their families with the goal of improving health, care, and costs
  - Helped recruit, interview, select, and supervise research volunteers
  - Developed IRB for a prospective research study

- Helped organize, streamline, and revise research efforts, especially medical chart data collection regarding hospitalizations and ED visits, appointment attendance, and relevant lab values
- Completed mentored peer reviews for *Health Psychology*, *Clinical Practice in Pediatric Psychology*, and *Children and Youth Services*

07/2017 – 06/2018

**Research Assistant and Project Manager, Most Vulnerable Project (MVP) to Improve Discharges and Transitions of Care**

*Doernbecher Children's Hospital, Oregon Health & Science University, Portland, OR*

Supervisors: Louise E. Vaz, MD, MPH; Katharine Zuckerman, MD, MPH; David V. Wagner, Ph.D.; Michael A. Harris, Ph.D.

- Coordinated a project designed to assess social vulnerabilities and perceptions of hospital discharge processes in families of pediatric patients by giving out caregiver surveys and conducting medical chart reviews
- Organized & oversaw research efforts; supervised interns & volunteers
- Build & managed surveys via REDCap (Research Electronic Data Capture)
- Consented caregivers of pediatric inpatients to participate in the study
- Helped analyze preliminary data with REDCap and SPSS

10/2017 – 06/2018

**Research Assistant, Assessing Parent Priorities for Behavioral Health Information Technology (APP-BIT)**

*Institute on Development & Disability, Oregon Health & Science University, Portland, OR*

Supervisor: Andrew Riley, Ph.D.

- Coordinated a project designed to characterize the most common specific behavioral concerns and questions of parents of young children in pediatric primary care by giving out caregiver surveys
- Assisted with survey development, volunteer recruitment and supervision, and data analysis

08/2016 – 05/2017

**Research Volunteer, Novel Interventions in Children's Healthcare (NICH)**

*Institute on Development & Disability, Oregon Health & Science University, Portland, OR*

Supervisors: David V. Wagner, Ph.D.; Michael A. Harris, Ph.D.

- Collected and entered healthcare utilization data and other data from medical charts of patients with chronic illnesses
- Conducted literature reviews regarding culturally sensitive healthcare practices, technology in diabetes and other chronic illness treatment, cost for insurance providers, and more
- Assisted in manuscript editing and poster creation

11/2016 – 05/2017

**Research Volunteer, Behavioral Pediatrics Treatment Program**

*Institute on Development & Disability, Oregon Health & Science University, Portland, OR*

Supervisors: Jennifer Paternostro, MS; Andrew Riley, Ph.D.

- Collected and entered (in Excel) medical chart data about behavioral health delivery in a pediatric setting

01/2016 – 05/2016 **Intern, Hathaway-Sycamores Child and Family Services: Department of Research and Evaluation**

*Pasadena, CA*

Supervisors: Janine Quintero, Psy.D.; Rebecca Stevens, MA

- Entered data in Excel: incident reports, property damage reports, past employees' exit interview questionnaires, clinician compliance (used Avatar, HS's main database of client information), mentorship interviews
- Analyzed data, put it into tables, made graphs: prescription medication data, compliancy data, etc.
- Conducted literature reviews: mental health outcome measures for youth
- Edited consumer bulletins, data summaries, reports
- Made reports: clinical training workshops, flu vaccine attitudes

01/2015 – 05/2016 **Research Assistant, Language and Cognition Lab**

*Azusa Pacific University, Azusa, CA*

Supervisor: Benjamin U. Marsh, Ph.D.

- Conducted literature reviews
- Administered and proctored lab experiments with bilingual and monolingual participants
- Coded data with Microsoft Excel

05/2015 – 08/2015 **Research Assistant, Wisdom and Theology Lab**

*George Fox University Doctor of Psychology Program, Newberg, OR*

Supervisor: Mark R. McMinn, Ph.D.

- Conducted follow-up interviews with participants in wisdom groups
- Transcribed interviews using Dragon Dictate software

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**CLINICAL AND PROFESSIONAL EXPERIENCE**

05/2015 – 08/2015 **Summer Program Assistant, Youth Outreach**

*Yamhill Community Action Partnership (YCAP), Newberg, OR*

Supervisors: Kate Stokes, Maggie J. Herron

- Supervised 11-21 year olds at government-funded organization (provides a drop-in center, safe shelter, and prevention program for at-risk youth)
- Organized events, led discussion groups
- Assisted youth with job applications and homework

09/2014 – 11/2014 **Clinical Psychology Intern, Soteria Ministries**

*Ocean View, Western Cape, South Africa*

Supervisor: Johann Kikillus

- Counseled women and children affected by abuse and drug use
- Worked with women in a drug and alcohol rehabilitation group, conducted home visits
- Co-led teen discussion group about prevention, drugs, abuse, team-building, and more
- Health promotion and disease prevention work: spoke to 7<sup>th</sup> grade girls at Marine Primary School about abuse, drugs, sexual education, and more

**PUBLISHED MANUSCRIPTS**

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McLaughlin, P.T., McMinn, M.R., Morse, M.K., Gathercoal, K., Neff, M.A., Johnson, B., Summerer, D., & **Koskela, N.** (2017). The Effects of a Wisdom Intervention in a Christian Congregation. *Journal of Positive Psychology*.

**BOOK CHAPTERS IN PRESS**

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Barry, S., **Koskela, N.**, Wagner, D.V., Burch, R., & Harris, M.A. (in press). System overload: Interventions that target multiple systems in which youth with type 1 diabetes live. In D. Marreri & A. Delamater (Eds.), *Behavioral diabetes: An ecological framework*. New York, NY: Springer.

**MANUSCRIPTS UNDER REVIEW**

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Wagner, D.V., **Koskela, N.**, Harris, M.A., & Barry, S. (under review). System failure: Viewing behavioral health for pediatric type 1 diabetes from an ecological perspective.

**MANUSCRIPTS IN PREPARATION**

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Wagner, D.V., Camarillo, C.R., Ogden, J.D., Leadem, K., Janzen, D., **Koskela, N.**, Spiro, K., & Harris, M.A. (in preparation). Novel Interventions in Children's Healthcare (NICH) for children with non-organic failure to thrive.

**PUBLISHED ABSTRACTS**

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Sachdej, R., **Koskela, N.**, Wagner, D.V., Barry, S., Jenisch, C., & Harris, M.A. (2018). Youth with avoidable DKA: Going from bad to worse without NICH. [Abstract]. *Diabetes*, 78.

Wagner, D. V., Chuong, R., **Koskela, N.**, Luzod, H., Beeson, E., & Harris, M. A. (2018). Ketones to success: Does NICH involvement influence DKA discharge Presentation? [Abstract]. *Diabetes*, 78.

Wagner, D.V., Sachdej, R., **Koskela, N.**, Barry, S., Luzod, H., James, E., & Harris, M.A. (2018). HbA1c (you later): What happens to glycemic control while waiting for NICH? [Abstract]. *Diabetes*, 78.

Wagner, D.V., Barry, S.A., Koch, M.K., Dukhovny, D., **Koskela, N.**, Hood, K.K., & Harris, M.A. (2017) Show them the money!: Neglecting the economic value of behavioral health for youth with T1D. [Abstract]. *Diabetes*, 77.

**NATIONAL CONFERENCE PRESENTATIONS**

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Sachdej, R., **Koskela, N.**, Wagner, D.V., Barry, S., Jenisch, C., & Harris, M.A. (June, 2018). Youth with avoidable DKA: Going from bad to worse without NICH. Poster presented at the American Diabetes Association Annual Conference. Orlando, FL.

Wagner, D. V., Chuong, R., **Koskela, N.**, Luzod, H., Beeson, E., & Harris, M. A. (June, 2018). Ketones to success: Does NICH involvement influence DKA discharge Presentation? Poster presented at the American Diabetes Association Annual Conference. Orlando, FL.

- Wagner, D.V., Sachdej, R., **Koskela, N.**, Barry, S., Luzod, H., James, E., & Harris, M.A. (June, 2018). HbA1c (you later): What happens to glycemic control while waiting for NICH? Poster presented at the American Diabetes Association Annual Conference. Orlando, FL.
- Koskela, N.C.**, Vaz, L.E., Vega, R., Zuckerman, K.E., Gomez, M., Eikermann, E., ... & Austin, J.P. (July, 2018). Analysis of caregiver-reported process issues in a children's hospital. Poster presented at the Pediatric Hospital Medicine Annual Conference. Atlanta, GA.
- Vaz, L.E., **Koskela, N.**, Austin, J.P., Wagner, D., Vega Juarez, R., Gomez, M., ... & Zuckerman, K. (May, 2018). Assessment of social vulnerability among pediatric inpatients. Poster presented at the Pediatric Academic Societies Annual Meeting. Toronto, Ontario.
- Koskela, N.C.**, Wagner, D., Zuckerman, K., Harris, M., Gomez, M., & Vaz, L. (April, 2018). Most Vulnerable Population (MVP): Psychosocial risk factors and pediatric hospital readmission. Poster and oral presentation at the Society of Pediatric Psychology Annual Conference. Orlando, FL.
- Harris, M.A., **Koskela, N.**, Luzod, H., & Wagner, D.V. (April, 2018). Improving care for the most vulnerable youth: If you build it, will they no-show? Poster presented at the Society of Pediatric Psychology Annual Conference. Orlando, FL.
- Wagner, D.V., **Koskela, N.**, James, E., Eikermann, E., & Harris, M.A. (April, 2018). Cleaning up regimens to reduce clean-outs: Novel Interventions in Children's Healthcare (NICH) for adolescents with cystic fibrosis. Poster presented at the Society of Pediatric Psychology Annual Conference. Orlando, FL.
- Erickson, A., Wagner, D.V., **Koskela, N.**, Heywood, M., Jenisch, C., & Harris, M.A. (April, 2018). If transplanted, will they reject?: A follow up of Novel Interventions in Children's Healthcare (NICH) for children with end-stage renal disease. Poster presented at the Society of Pediatric Psychology Annual Conference. Orlando, FL.
- Wagner, D.V., Beeson, E., Guttmann-Bauman, I., **Koskela, N.**, Luzod, H., & Harris, M.A. (June, 2017). Reduced stay due to milder DKA: The NICH way? Poster presented at the American Diabetes Association. San Diego, CA.
- Wagner, D.V., Barry, S.A., Koch, M.K., Dukhovny, D., **Koskela, N.**, Hood, K.K., & Harris, M.A. (June, 2017). Show them the money!: Neglecting the economic value of behavioral health for youth with T1D. Poster presented at the American Diabetes Association Annual Conference. San Diego, CA.
- Jirikovic, M., Wagner, D.V., Barry, S., Rogers, B.T., Teplitsky, L., **Koskela, N.**, & Harris, M.A. (March, 2017). When being in the top 5% is reason for concern: Youth with medical and social complexity. Poster presented at the Society of Pediatric Psychology Annual Conference. Portland, OR.
- Wagner, D.V., Haywood, M., Rozansky, D., Bachman, N., **Koskela, N.**, & Harris, M.A. (March, 2017). Kidneys, kids, and collaborative quality care: Novel Interventions in Children's Healthcare (NICH) for children with End-Stage Renal Disease. Poster presented at the Society of Pediatric Society Annual Conference. Portland, OR.

Marsh, B.U., Snijder, J.P., Fajardo, R., Horiuchi, A., **Koskela, N.**, & Lee, H.S. (May, 2015). Priming bicultural bilingual Latino-Americans as Latino or American modulates access to the Spanish and English meaning of interlingual homographs. Poster presented at the Association for Psychological Science 27th Annual Convention. New York, NY.

### **REGIONAL AND INSTITUTIONAL CONFERENCE PRESENTATIONS**

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Vega, R.A., Jenisch, C., **Koskela, N.C.**, Felder, K., Gomez, M., Zuckerman, K.E., Wagner, D.V., Austin, J.P., Harris, M.A., & Vaz, L.E. (April, 2018). The Most Vulnerable Project (MVP): Improving the health of our socially fragile children. Poster session accepted at the Oregon Health & Science University Research Week. Portland, OR.

Jenisch, C., Vega, R., **Koskela, N.**, Felder, K., Zuckerman, K., Wagner, D., Austin, J., Harris, M., & Vaz, L. (April, 2018). The Most Vulnerable Project (MVP): Addressing family needs for improved pediatric care. Poster session accepted at the Oregon Health & Science University Research Week. Portland, OR.

Gomez, M., Vega, R., **Koskela, N.**, Zuckerman, K., Wagner, D., Austin, J., ... & Vaz, L. (January, 2018). Survey of social vulnerability in pediatric patients. Round table presentation at the Academic Pediatrics Association Region 9 and 10 Meeting. Monterey, CA.

Ponce, C., Gomez, M., **Koskela, N.**, Zuckerman, K.E., Wagner, D., Harris, M., & Vaz, L. (August, 2017). The Most Vulnerable Project (MVP): Improving the Health of our Socially Fragile Children. Poster presented at the OHSU Equity Research Conference. Portland, OR.

Marsh, B.U., **Koskela, N.**, & Lee, H.S. (March, 2016). Priming bicultural bilingual Latino-Americans as Latino or American modulates access to the Spanish and English meaning of interlingual homographs. Poster presented at the Azusa Pacific University Research Week. Azusa, CA.